

YOGA



PILATES

YOGA DANCE

BACK CARE

The Dance Studio at The Malling School

Wednesday and Thursday Evenings.

Also Daytime and Evening Classes in Aylesford.

FREE INTRO SATURDAY 5 MARCH (Aylesford)

Come along and try a class for free! Book now!

with Rose-Marie Sorokin, B.A., Dip BWY,
25 years international experience. **20 YEARS IN KENT!**

Call us now to pre-book your place!

or for more information/brochure.

**All ages and abilities very welcome—
including complete beginners.**

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